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Company GWR Resources Inc.
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Press Release

" BC-GWR-drill-Lac-LaHache 10-16 0105
□News release via Canada NewsWire, Vancouver 604-669-7764 -ME-

Attention Business Editors:
^GWR Resumes Drilling on Lac La Hache Property@

VANCOUVER, Oct. 16 /CNW/ - GWR Resources (GWQ - TSX Venture) is pleased to announce that Connors Drilling has mobilized a drilling rig to GWR's Lac La Hache Property. The second hole of the 2006/2007 drilling program commenced Sunday, October 15, 2006 on the Aurizon Zone.

Responsible Officer: Irvin Eisler, President

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

-0- 10/16/2006
/For further information: Company Telephone Number: (250) 546-8048/
(GWQ.)

CO: GWR Resources Inc.
ST: British Columbia
IN: MNG
SU: DSC

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