

Source MARKET NEWS
Date 05/17/2005
Time 03:59:14 AM
Company GWR Resources Inc.
Title Grants Incentive
Stock Options

DMIS Processed No CDNX Symbol: GWQ
Exchange: VSE Symbol: GWQ
Exchange: Symbol:
Exchange: Symbol:

Press Release

[230/Option]GWQV G W R RESOURCES INC MAY 17 2005 03:04 AM Grants
Incentive
Stock Options ---> 1098@NEWS RELEASE GWR RESOURCES INC. ("GWQ-V;GWRRF-
0")
- Grants Incentive Stock Options

The Company announces that it has granted incentive stock options pursuant to its Stock Option Plan to its senior officers, directors and employees which allow the purchase of 454,500 common shares on or before May 16, 2010 at a price of \$0.30 per share (being a premium to the latest closing price of \$0.24).

"Irvin Eisler"
Irvin Eisler, President

TEL: (250) 546-8048 GWR Resources Inc.

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