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Company GWR Resources Inc.
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Option Plan Approved at AGM

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Press Release

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Stock
Option Plan Approved at AGM ---> 1098@NEWS RELEASE GWR RESOURCES INC
("GWQ-V")
- 2005 Stock Option Plan Approved at AGM

The Company announces that, in compliance with the policies of the TSX Venture Exchange, the "disinterested" GWR shareholders (excluding the officers and directors) have approved GWR's 2005 Stock Option Plan (the "Plan") at the annual general meeting held on March 21, 2005. The 2005 Stock Option Plan is effectively a continuation of the 2004 Stock Option Plan. Accordingly, the maximum number of outstanding options from time to time will continue to be limited to the equivalent of 10% of GWR's issued and outstanding common shares. All options granted under the Plan are subject to the TSX Venture Exchange's policies on stock options, as amended from time to time. This news release has been issued in accordance with the policies of the TSX Venture Exchange. The Company further announces that it has granted incentive stock options to its senior officers, directors and employees which allow the purchase of 194,500 common shares on or before April 11, 2010 at a price of \$0.40 per share (being the latest closing price of the Company's shares).

"Irvin Eisler"
Irvin Eisler, President

TEL: (250) 546-8048 GWR Resources Inc.

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